

# The Chimp Model: An Introduction

Presented by: Glenn Mead

Director of Corporate Programmes,  
Chimp Management Limited

£10  
Wednesday  
20th Jan.  
18:00 - 19:30



**An introduction to how we can improve our quality of life, both professionally and personally.**



**Our mind is a remarkable machine that represents our greatest asset and our biggest liability. This machine is what inspires us to pursue our dreams and goals, and at the same time it can sabotage us and stop us from doing the things that we want to**

**do...**

[www.chimpmanagement.com](http://www.chimpmanagement.com)  
f @chimpmanagement

**Learning Activities:**

This workshop represents an introduction to an approach that is grounded in the principles of neuroscience to help people to understand how our mind works and how we can improve the quality of our life both professionally and personally.

**Outcome Objectives:**

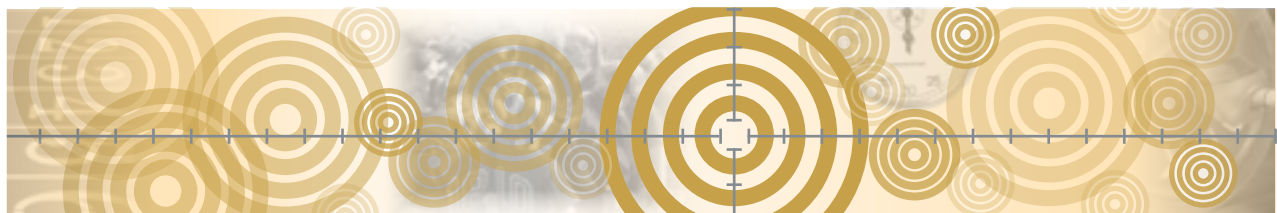
- Gain insight into how your brain really operates
- Learn about how the Chimp Model can benefit you
- Gain an understanding of where to go next with the model and your development

**Intended Audience:**

*Open to everyone interested in learning about the Chimp Model and how it can help you.*

The Chimp Model, developed by Professor Steve Peters and applied with success to GB Olympians, businesses, education and personal development, is a practical and fun working model to help build insight and a structure to understand ourselves.

- cost is **£10**
- at The Club House, Army Marksmanship Training Centre, National Shooting Centre, Brookwood, Woking, GU24 0NY
- on Wednesday 20th January 2016
- from 18:00 to 19:30



**Bookings and/or further information:  
email: [ATSC.tpsect@hotmail.com](mailto:ATSC.tpsect@hotmail.com)  
or 01483 798925 Army Marksmanship Training Centre**